



Indigo U3A

THE UNIVERSITY OF THE THIRD AGE



Semester 2, 2020 Courses

(at 21 July 2020)

Categories:

Arts and Cultural Studies	2
Computers and technology	3
Health and Well-being	3
History and Current Affairs	6
Learning and Leisure	8
Philosophy and Ethics	10

Contact us: Indigo U3A Inc
PO Box 305
Beechworth Vic 3747

Phone: 0492 830 612
Email: indigo.u3a@gmail.com
Web: www.indigou3a.net

Arts and Cultural Studies

U3A Scribblers : weekly on Tuesdays, 10am-12pm

Tutor: Olga Evans

Location: Until further notice the group will be using What's App for their sessions.

Do you draw, sketch, scribble, make marks on paper? Great! Join Olga and Maureen for a couple of hours on Monday mornings to sketch. Meet with others who want to draw. Share drawing tips and ideas, including drawing programs using iPad. Share time with people of a similar interest. Chat about art. Enjoy Bring paper pencil/pen (or your favourite drawing tools), a project you are working on, or that empty sketch book you have been saving for this moment. Your iPad/iPhone/tablet if interested in using these tools.

Friday Poets : bi-monthly on the first Friday, 1pm-3pm

Leader: Maureen O'Flaherty

Location: address advised post-enrolment

A bi-monthly get together for Poetry lovers to gather and read, discuss, debate and enjoy the world of Poetry and the joy and enrichment it brings to people's lives. As the group is convening in private homes. Venue will vary depending on numbers. The group will meet on the 1st Friday of every second month. However, the meeting times may vary by arrangement within the group.

Post-Modern Architecture : 28 July & 28 August, 1pm-3pm

Tutors: Ellen Evans & David Geryga

(Zoom presentation)

This two-part course is a continuation of the 2020 Art and Architecture Series from David and Ellen. We all know what traditional architecture looks like; it might be classical revival, Federation, Gothic- the innumerable "styles". We've experienced courthouse architecture from the 70s and schools from the 60s, modernism. But what has come afterwards? What is the architecture of now? We will look at the enormous range of architecture, the great world-wide diversity of architecture since modernism that has been pragmatically labelled post-modern architecture."

Memoir/Life-Writing : weekly beginning 7 October, 1.30pm-3.30pm

Tutor: Joy Phillips

Location: Beechworth Railway Station

In this course, Joy will help you develop your thoughts and ideas about memoir/life-writing: why write a memoir, how to start, how to express the intricacies of memory and feeling, how to tell stories and to shape them for your chosen audience.

Artists' Self Portraits : 17 November, 1pm-3pm

Tutors: Ellen Evans and David Geryga

(Zoom presentation)

From the great Leonardo, Michelangelo and Raphael through Rembrandt - these guys all knew how to paint. But some were a bit on the shy side when it came to painting themselves; but they did. And we found the portraits. We found self-portraits of more recent artists too. All showing their individual styles. We will journey from the Renaissance to the here and now navigated by and featuring the noted artists of their day.

Film Goers : from time to time as advised

This course does not have fixed dates, times or venues although generally film outings will run (but not exclusively) on Fridays or the weekend so as not to interfere with other U3A activities during the week. Films will be selected from offerings in Albury, Wangaratta, Bright or perhaps even Swanpool matinees. To express your interest, please enrol in this course Film Goers. Your enrolment will record your interest in being notified of outings to films.

Computers and technology

Tech Savvy Seniors : by appointment

Tutor: Garth Blackman

If you have any issues with your devices, Garth Blackman will help you to resolve them. Appointments must be made at least 24 hours in advance by phone to 0405 219 876, or 72 hours in advance by email to garth.blackman@outlook.com. If you do not receive an email acknowledgement it is possible that no appointment has been established, then a phone call to Garth on 0405 219 876 is highly recommended.

Health and Well-being

Discovering Chiltern-Mt Pilot National Park – 13 August, 10 September, 8 October & 12 November

Leader: Mick Webster

A series of four walks, once each month from August to November, led by Mick Webster, a Friends of the Park member. Mick will take us to the hidden gems of the Chiltern-Mt Pilot National Parks - the lesser known and less visited sites and features.

A minimum of 4 participants is required for the walk to take place. You must have a reasonable level of fitness (i.e. able to walk 15-20 minutes on tracks and trails). Wear appropriate clothing and sturdy footwear, sunscreen and hat. Bring a packed lunch (will be near to cars), your own drinks and chair. Camera and binoculars optional. Sense of humour essential! Transport to the walk sites will be by private car and all roads are suitable for 2wd vehicles. Car sharing with social distancing encouraged.

Each walk is a separate activity and requires a separate Enrolment.

- **Walk 1: Mt Pilot : 13 August, 9.30am-1pm**

Meet at 9:30am at the Old Coach Rd junction with the Beechworth-Chiltern Rd.

Drive to the car-park and walk up Mt Pilot for a general survey and introduction to the Park. Continue on by car to an interesting industrial ruin in the Park with several worker's huts. Return by car to Yeddonba aboriginal art-site for lunch.

- **Walk 2: Eldorado : 10 September, 9.30am-1pm**

Meet at 9:30am at the McEvoy Tavern, Eldorado.

Today we will do two walks to some rarely-visited waterfalls in the Par, also visiting the historic dredge and investigate a biological control site for the invasive Wheel Cactus.

- **Walk 3: Gold Mine : 8 October, 9.30am-1pm**

Meet at 9:30am at Honeyeater Picnic Ground, Cyanide Rd in the Park.

Today we will investigate the various types of gold-mining which took place in the Chiltern section of the Park. There will be three stops, finishing at the site of the huge Chiltern Valley No. 2 Mine. Depending on the flowering of plants this Chiltern goldmining trip and the rare plant revegetation walk may swap around.

- **Walk 4: Flora : 12 November, 9.30am-1pm**

Meet at 9:30am at the Chiltern Information Centre, Main St, Chiltern.

Today we will visit several sites with rare plants (hopefully flowering!), a brewery and a pub (old sites anyway!) and finish up inspecting a large revegetation project managed by Friends of the Park. Depending on the flowering of plants the Chiltern goldmining trip and this one may swap around.

Indigo U3A Gets Active : 2 September, 2pm-4pm

**Presenter: Gabriella Tange, Health Promotion Officer, Beechworth Health Services
(Zoom presentation)**

Semester 2 "*Indigo U3A Gets Active!*" programs series. Gabriella will give an overview/refresher on the Fitbits provided to the Get Active participants in February. As Covid-19 interrupted our plans, we are re-starting the program.

Additional activities are planned for the Get Active participants and will be advised as soon as possible.

Bushfire Readiness : 16 September, 2pm-4pm
Presenters: April Padbury & Maureen Piera, CFA
(Zoom presentation)

The CFA has recently updated material for the public. In preparation for a bushfire do you ask yourself .. What do I need to do? When should I leave? Where should I go? These questions will be answered, and during the session you can seek clarification and further information. Like when should I leave? Whom should I tell? What should I take?

4th Thursday Walk : monthly, 9.30am-11.30am
Leader: Gerri Boland

These popular and convivial walks cover different terrain, distance and degree of difficulty each month, but are always easy-to-moderate. Often dog friendly. Individual walks are notified directly to enrollees and through *What's On*, with meeting places and times determined closer to the actual time of the walk. (Usually 09.30am at Quercus.) Morning tea is taken along the route or shared at the end of the walk.

Walks may be cancelled or rescheduled if the weather is too hot, or too wet. A certain degree of personal fitness is required by participants must gauge their own ability to enjoy each individual walk on its merits and challenges.

Bike Riding Group : Thursdays on 1st & 3rd Thursday of each month, 9.30am-11.30am
Leader: Harvey Anderssen

A chance for members to cycle at their own level with the support of a group. Do not let your ability or that you haven't ridden for a while stop you. Rides will start from the Beechworth Railway Station but there may be scope to include rides away from Beechworth if bike transportation is available. If the weather is very hot, cold or wet a proposed ride may be cancelled. Rides normally occur on the 1st and 3rd Thursday of the month.

Group members will be required to sign a Disclaimer relating to potential injury and must also take personal responsibility for confirming with their medical practitioner that the Bike Group is not a contra-indication to their health and well-being.

History and Current Affairs

History of Terrorism : fortnightly on Thursdays beginning on 30 July, 2pm-4pm

Tutor: Bill Wilson

(Zoom presentation)

History of Terrorism from Ancient Greece to 2020. Terror, terrorist acts and terrorism are as old as human history. Individuals, sects, cults, despotic rulers, revolutionaries, political organisations, independence movements, 'freedom fighters' and modern nations have used terror (violence, fear and intimidation) to advance their interests. Despite this, acts of terror when they occur continue to shock and surprise the community when it appears. Each generation, it seems, views terror and terrorism as something unique, frightening and new.

This course will explore the history of terrorism from the Greek and Roman Empires until the present. Most time will be devoted to modern terrorism from 'The Terror' of Revolutionary France — until the terrorism seen in 2020. It will examine how terror has been used, justified, fought, and changed over time. Modern terrorist organisations, such as Abu Say, al Qaeda, Al Shabaab and Jemaah Islamiyah will also be discussed.

Our World - Background Briefings : Fortnightly on Tuesdays, 1pm-3pm

Tutor: Gerry Engwerda

(Zoom presentation)

Formerly titled 'International Relations', '*Our World - Background Briefings*' covers a wide range of topics including current international issues, history, geopolitics and social movements. Gerry's PowerPoint presentation will be made available to those enrolled.

Topics for Semester 2 will be

- Central Asia – history and strategic significance
- South Africa and its neighbours
- Clouds and weather
- The politics of water and the Murray Basin plan
- Utopia – and how to get there
- The rise and fall of Empires
- The great Divide – North and South America, the old world and the new
- The Turks in world history
- The world after the pandemic
- The Vikings
- The evolution of English
- India vs. China,

The Murder of an Aeroplane -TSR2 : 11 August, 1pm-3pm

Presenter: Stephen Masters

(Zoom presentation)

TSR means Tactical Strike and Reconnaissance. This was an advanced military aircraft the capabilities of which encompassed: operation from improvised take-off and landing strips; ground-hugging speeds avoiding detection; and, able to deliver a nuclear weapon at speeds avoiding all known possible interception. This was the most advanced military aircraft produced in the 1960's with the excellent potential – with development - of being a long-term deterrent. It was also within budget parameters.

Technically brilliant, fulfilling all the design specifications, this aircraft was the victim of geopolitics. Naked power dictated that another inferior aircraft was substituted. Why? This is that story. This is also a story that resonates with the Australia of today. When money and political power intercede, the best is never enough. In whose interests were President Johnson and Prime Minister Wilson working? Was Harold Wilson really favouring the USSR? An amazing story.

Sky, Pilot, War, Fate : 20 October, 1pm-3pm

Presenter: Stephen Masters

(Zoom presentation)

This is tracking the journey of one person through the most cataclysmic event of the 20th Century – the Second World War – from railway clerk to bomber pilot and home. Based upon a true story this is one individual in the population and their experiences.

Enlistment/travel to Canada for training/convoy to England attacked by 'wolf pack' of U-boats/operations/losses/home/aftermath.

This personifies living through extraordinary events. It is certainly not the adulation of war, but in fact, the complete opposite. It is the life of one person and their return. This group of service personnel endured the highest losses of any Australian military force deployed overseas. The squadron of this individual was wiped out twice. He was my friend and he was my neighbour. I don't think he ever really recovered. My intention here is the transform the facts into a work of fiction showing how an individual is, in effect, lost in events far, far greater than they can comprehend at the time – in that moment – and render them not only participants but also witnesses in events that cannot be unseen. Above all making this a story about the absolute futility of war. Riveting!

**Explorers of Australia : bi-monthly on the first Friday, 1pm-3pm
(Zoom presentation)**

For many of us, our school days emphasised British history over that of Australia. The new Explorers group would like to round out that historical perspective through a series of brief introductions to the explorers of Australia, with some of the lesser-known explorers or some modern-day explorers given precedence.

It is anticipated that participants will get involved by volunteering to do a short presentation about an explorer of their choice, with (hopefully!) two presenters and explorers covered at each of our sessions. Assistance will be available to put together a Keynote (PowerPoint equivalent) presentation.

Learning and Leisure

**Pauline Savy Coffee Morning : Friday 24 July, 10.30am-11.30am
Location: George Kerferd Hotel, Mayday Hills, Beechworth**

This month we will be going up to George Kerferd Hotel situated in the beautiful grounds of Mayday Hills. We will be addressed by Pauline Savy who has an intimate knowledge of Mayday in its former role as a hospital and asylum. Physical distancing will apply as per Covid-19 restrictions therefore only members who are enrolled for the activity will be able to attend.

**Coffee Mornings : monthly on the last Friday, 10.30am-12.30pm
Location: various**

An informal get together in a local cafe for all members. This year we are intending both to venture out of town to Yackandandah, Chiltern or Stanley in 2020, and to invite some local guest speakers to chat to us briefly (20 minutes) as we enjoy our drinks. Car-pooling will be coordinated as required by members. The weekly 'What's On' will remind members of the date, in the week prior to each Coffee Morning.

**Men's Book Group : monthly on the 3rd Thursday, 2pm-4pm
(Zoom presentation)**

The Men's Book Group is held on the 3rd Thursday of each month at alternating venues (usually private homes) and is rolling over into its third year in 2020. This has proved a popular course and enrolments are essential. Contact Michael O'Flaherty via courses.indigo.u3a@gmail.com to leave a message for more details.

Car Rally : Friday 30 October, 9.45am-2pm

Leader: Jann Stewart

Meet at the Beechworth Railway Station car park and join our Car Rally for a fun filled day to a secret location. Stay as long as you like and make your own leisurely way home. Bring a pen to fill out the clues, and a picnic lunch, bathers, a chair, your hat and sunscreen. NB This activity will follow the Covid-19 rules at the time regarding numbers, drivers and passengers.

Tastes : from time to time as advised

The TASTES gatherings vary in nature, including visits to private homes where members bring a dish or a bottle of wine to share; trips to cafes or restaurants; and talks, demonstrations and tastings at food-related businesses. In 2020 outings will vary between morning tea or lunch with events around a theme. Members of the group are encouraged to assist with the organisation of outings or events.

A picnic is planned for Friday October 9th - watch this space!

The Garden Group : on hold due to Covid-19

The Garden Group aims to provide visits and guest speakers. The emphasis will be to provide information on 'climate change' gardens, their upkeep etc. It will interest gardeners who want to share their gardens, gardening tips and learn and exchange ideas.

Games : on hold due to Covid-19

Fortnightly sessions for the members to come along to play a variety of games in a friendly social environment. The games played at each session is decided by those present each fortnight and the equipment needed will be provided by those involved.

Philosophy and Ethics

Conversations : Wednesdays (usually weekly), 10.30am-12.30pm

Tutor: Michael Evans

Location: Zoom presentation

An exploration of selected topics using insights drawn from philosophy and life experience. Michael leads the group through historical, ethical, and personal aspects of the chosen topic. Michael provides written remarks and suggestions for further exploration.

Topics for Semester 2, Term 3:

- July 29: Fairness
- August 5: Locke
- August 19: Nature
- September 2: Happiness
- September 9: Dystopia
- September 16: Truth

No special knowledge or expertise is required. Just life experience and a readiness to reflect on ideas new and old. The aim is inquiry and insight, not agreement or consensus.