



## Semester 2, 2021 Course Booklet

(at 22 July 2021)

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### Where we are...

Unless stated otherwise, all courses, presentations and activities are held at the Beechworth Railway Station, Harper Avenue.

*How to contact us...* Phone: 0492 830 612  
Email: [indigo.u3a@gmail.com](mailto:indigo.u3a@gmail.com)

*Website...* [www.indigou3a.net](http://www.indigou3a.net)

*Mailing address:* Indigo U3A Inc  
PO Box 305  
Beechworth Vic 3747

## Arts and Cultural Studies

### Film Goers

#### Various dates & locations

- This course does not have fixed dates, times or venues but will fit with the current films on offer and group availability. Films will be selected from offerings in Albury, Wangaratta, Bright or perhaps even Swanpool matinees. Please enrol in this course as your enrolment will record your interest in being notified of outings to films. It is hoped in 2021 that we will take more opportunities to discuss the films and catch up with what is recommended on Free-to-air TV and streaming services such as Netflix, Amazon, Stan.

### Poets

#### Bi-monthly on Fridays – next meeting on 6 August - 1.30pm-3.30pm

#### Location: Beechworth Railway Station

- A bi-monthly get together for poetry lovers to gather and read, discuss, debate and enjoy the world of poetry and the joy and enrichment it brings to people's lives. The group will meet on the 1st Friday of every second month. However, the meeting times may vary by arrangement within the group.

### Scribblers

#### Weekly on Tuesdays beginning on 27 July - 10am-12pm

#### Tutors: Olga Evans & Deb Borleis

#### Location: Beechworth Railway Station

- Meet with Olga Evans and Deb Borleis at the Beechworth Railway Station or plein air in parks and gardens and catchup in-between times on our WhatsApp group. "A drawing is simply a line going for a walk." (Paul Klee). If you are interested in mark making, creativity, learning drawing techniques, sharing your drawings, interacting with like-minded people, and learning from others, then Scribblers may be for you.

Deb will take the session for drawing every second week. On alternative weeks, Olga will take the session with a focus on drawing skills.

## Computers and Technology

### Be Connected

#### August/September – dates to be advised

#### Tutor: Gerri Boland

#### Location: Yackandandah Community Centre

- The 'Be Connected' program, an Australia-wide initiative empowering older Australians to thrive in a digital world.

## Health and Well-being

### Bike Riders

**1<sup>st</sup> & 3<sup>rd</sup> week each month on Thursdays – 9.30am-11.30am (in Winter); 9am-11am (in Summer);**

**Leaders: Harvey Anderssen and Ray Saunders**

- The bike group caters for those who wanting to rediscover the pleasures of the group cycling of their youth. Newcomers wanting to experience the benefits and pleasures of easy outdoor exercise on our expanding bikes trail and shady bush tracks are most welcome. The group provides advice and support to ease the transition to fun cycling and recommends trying e-bikes given our increasing years and our hilly terrain. Meet at the Railway Station on the first and third Thursdays. On alternate days, bikes are loaded for travel to ride in interesting nearby places (Stanley, Murrumbidgee, Chiltern). Or travel downhill, arranging for group return transport.

Group members will be required to sign a Disclaimer relating to potential injury and also must take personal responsibility for confirming with their Medical Practitioner that the Bike Group is not a contra-indication to their health and well-being.

### Walks with Gerri

**Monthly on the 4<sup>th</sup> Thursday – 9.30am-11.30am**

**Leader: Gerri Boland**

- These popular and convivial walks cover different terrain, distance and degree of difficulty each month, but are always easy-to-moderate. Often dog friendly. Individual walks are notified directly to enrollees and through What's On, with meeting places and times determined closer to the actual time of the walk. (Usually 9.30am at Quercus.) Morning tea is taken along the route or shared at the end of the walk.

Walks may be cancelled or rescheduled if the weather is too hot, or too wet. A certain degree of personal fitness is required by participants must gauge their own ability to enjoy each individual walk on its merits and challenges.

## History and Current Affairs

### Explorers of Australia

**Bi-monthly on Fridays from 6 August – 1.30pm-3.30pm**

**Location: Beechworth Railway Station**

- Delve into the explorers of our country that we might not have heard about. In the second year of our Explorers group we will gain some new historical perspectives through another series of brief introductions to the explorers of Australia, with some of the lesser-known explorers or some modern-day explorers given precedence.

Participants will get involved by volunteering to do a short presentation about an explorer of their choice, with (hopefully!) two presenters and explorers covered at each of our sessions. Assistance will be available to put together Keynote or PowerPoint presentations as required.

## History and Current Affairs (cont'd)

### Our World - Background Briefings

Fortnightly on Tuesdays from 27 July – 1pm-3pm

Tutor: Gerry Engwerda

Location: Beechworth Railway Station; by Zoom, and the Zoom Hub at Yackandandah Community Centre\*

- In these sessions Gerry will cover not only current international issues but also topics that could impinge on relations between nation states, such as history, geopolitics and social movements. The class format will be based on a background lecture accompanied by a PowerPoint presentation which will be made available to class members via direct email. The tone is informal and chatty with lots of audience input.

Semester 2 topics include 'Afghanistan - what now?'; 'Turkey - revisiting the Ottomans'; 'Japan - ready to take the lead?'; 'The seeds of change - five plants that changed the world'; 'Crisis and Change - how some nations cope'; 'A history of air travel'; 'Borders and boundaries'; 'A world without work'; 'The great population decline'.

*\*The Zoom Hub at Yackandandah Community Centre can accommodate up to 10 people in its Meeting Room, with viewing on an 85" tv screen.*

## Learning and Leisure

### Coffee Mornings

Monthly on Fridays, from 27 August – 10.30am-12pm

- The coffee morning will be on the 4th Friday of the month, visiting cafes around the Shire and each month featuring a different speaker. Check the 'What's On' to see what is happening each month. Members MUST advise Gail Warren-Smith of their attendance as venues have limited capacity.

### Games

Fortnightly on Fridays from 13 August – 2pm-4pm

Location: Beechworth Railway Station

- An opportunity for members to come along to play a variety of games in a friendly social environment. The games to be played at each session are decided by those present each fortnight, and the equipment needed will be provided by those involved. Games often played are Backgammon, Scrabble, and Mahjong. Bring your own game and take up the challenge!

## Learning and Leisure (cont'd)

### Gardeners

**Monthly on Fridays from 20 August – times to be advised**

**Leader: Frances Baker**

- In 2021 the Gardeners will enjoy a mixed bag of activities including
  - Visits to meet local organic growers who will talk to us about techniques for successfully growing flowers, vegetables and trees in our local region.
  - Autumn and Spring plant swaps with seasonally appropriate member discussions about the growing cycle from propagation through to summer survival.
  - Garden travel photo exhibition and presentations.
  - Some pruning skills development
  - Looking after our tools.

Semester 2 plans: August - Wooragee Primary School Vegetable Garden; September - Gerri Boland's Garden and Orchard; October - Eurobin Waratahs, with optional lunch at Red Stag; November - Samaria Farm Roses, with options for lunch.

### Jazz on Fridays with Michael

**Monthly on Fridays from 20 August – 2pm-4pm**

**Leader: Michael O'Flaherty**

**Location: Beechworth RSL Club**

- Unpick the recent ABC Top 100 Jazz performers survey and select our U3A All Stars. Members will be encouraged to select their favourites, with Captain's pick biased to hard Bop bands!

### Men's Book Group

**Monthly on Thursdays from 19 August – 2pm-4pm**

**Leader: Michael O'Flaherty**

- The Men's Book Group is held on the 3rd Thursday of each month at alternating venues (usually private homes) and is rolling over into its fourth year. Enrolments are essential. Email Michael O'Flaherty at [courses.indigo.u3a@gmail.com](mailto:courses.indigo.u3a@gmail.com) for more details.

### Tastes

- The Tastes gatherings vary in nature, including visits to private homes where members bring a dish or a bottle of wine to share; trips to cafes or restaurants; and talks, demonstrations, and tastings at food-related businesses. Members of the group may need to actively assist with the organisation of outings or events.

Outings will vary between morning tea or lunch. The current program for the remainder of 2021 is Monday 23 August: Australian Indigenous Ingredients - Demonstation and Talk from 10.30am; Friday 22 or 29 October: Spring Lunch at the Pickled Sisters Cafe from 11.45am; Monday 22 November: Picnic from 11.45am

## Philosophy and Ethics

### Everyday Philosophy

**Fortnightly on Wednesdays from 28 July – 10.30am-12.30pm**

**Tutor: Michael Evans**

**Location: Beechworth Railway Station and by Zoom**

- The exploration of selected topics using insights drawn from philosophy and life experience. Michael leads the group through historical, ethical, and personal aspects of the chosen topic. Participants are left with Michael's written remarks and suggestions for further exploration. No special knowledge or expertise is required. Just life experience and a readiness to reflect on ideas new and old. The aim is inquiry and insight, not agreement or consensus. Michael will run his philosophy group in the Railway Station but will also enable members to link in via Zoom.

Topics for term 3 include: 28 July - Francis Bacon; 11 August – Civilization; 25 August – Progress; 1 September – Existentialism; 15 September -Belief.

### Women of Words

**On Monday 9 August – 10.30am-12.30pm**

**Leader: Peggy McKinlay**

- A monthly group discussing topics with particular reference to women, to be held in an informal setting to encourage open, wide and stimulating conversation. Topics may cover health, politics and current affairs, family, literature, music etc and the topic of the month will be chosen by the group.