



THE UNIVERSITY OF THE THIRD AGE

Indigo U3A Inc - 2019 Courses

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Please note: As this information is downloaded automatically from the Member Administration System, the order in which it appears may not appear logical. Please take the time to read through to the end of the document.

Friday Film Goers Interest Group

Dates: 04/01/2019 - 31/12/2019

Location: To be announced

Type: None

Frequency: From time to time as advised, Fri 0:00 - 0:00

Tutor: Frances Baker

This course does not have fixed dates, times or venues although generally film outings will run (but not exclusively) on Fridays or the weekend so as not to interfere with other U3A activities during the week. Films will be selected from offerings in Albury, Wangaratta, Bright or perhaps even Swanpool matinees. To express your interest, please enrol in this course. Your enrolment will record your interest in being notified of outings to films.

Christmas Party

Dates: 11/12/2019 - 11/12/2019

Location: Old Stanley Primary School Main Rd Stanley

Type: 1 day

Frequency: A single presentation, Wed 17:30 - 21:00

Tutor: Brenda Nicholson

Sally Wright and her team from Taste Trekkers will provide us with a delicious buffet of salads prepared with different dietary requirements in mind. - Pumpkin and goats cheese arancini balls with mozzarella. - Kaffir lime and lemongrass chicken pieces with fried shallots and asian herb salad. - Thai Beef Salad. - Rice noodle salad with local greens, sprouts, peanuts & asian dressing - Roasted pumpkin with chickpeas, spinach & creamy herb dressing - Beans with tomatoes & chilli pineapple salsa - Selection of Breads with olive oil & butter Members are asked to bring a small contribution for starters to the meal and Christmas cake will be provided to have with tea or coffee after the meal. Wine and soft drinks will be provided.

For catering purposes it is essential that you enrol online AND pay for your meal either by bank transfer or directly into the U3A bank account at the WAW no later than Wednesday 4th December. \$30 will pay for your meal, soft drinks and wine.

Indigo U3A Inc - 2019 Courses

Soil Management for the Home Gardener

Dates: 30/10/2019 - 30/10/2019

Location: Old Beechworth Railway Station Harper Ave

Type: 1 day

Frequency: A single presentation, Wed 14:00 - 15:30

Tutor: Annet Smits

Annet Smits is a Horticulturist who studied in Holland. She has worked in many European countries before making the move to Australia. She is passionate about soil preparation required in order to be a successful home gardener and is a specialist in dynamic and biodynamic gardening.

After Annet's presentation Indigo U3A members interested in the formation of a U3A garden group are invited to stay and discuss the style of group that will best suit us.

Indigo U3A Garden Group

Dates: 30/10/2019 - 30/10/2019

Location: Old Beechworth Railway Station Harper Ave

Type: 1 day

Frequency: A single presentation, Wed 15:30 - 16:30

Tutor: Frances Baker

Indigo U3A members interested in the formation of a new U3A garden group in 2020 are invited to come along to discuss the style of group that will best suit us best. Open to all interested gardeners from beginner to experienced. Please come along! Our chat will start as soon as Annet Smits has finished her presentation on garden soils.

Ageing Well

Dates: 24/10/2019 - 24/10/2019

Location: Old Beechworth Railway Station Harper Ave

Type: 1 day

Frequency: A single presentation, Thu 14:00 - 16:00

Tutor: Kathleen Brasher

Ageing Well with Kathleen Brasher and Kate O'Toole. Kathleen Brasher is a researcher, family facilitator and social innovator who works to inspire a new vision of later life. She has extensive knowledge regarding what matters to older people in rural communities is heavily invested in building a collaborative approach to an age-friendly Northeast Victoria. Kathleen will provide her insights on positive ageing in Australia and how this compares with best practice abroad. Kate O'Toole is employed as the Ageing Well Officer at Indigo Shire Council. Kate will be offering her reflections on the past 6 months in this new role and will discuss some of the challenges ahead, as well as the reasons we have to celebrate living in Indigo Shire.

Psychology - the quest for understanding

Dates: 05/12/2019 - 05/12/2019

Location: Old Beechworth Railway Station Harper Ave

Type: 1 day

Frequency: A single presentation, Thu 10:00 - 12:00

Tutor: Judi Moncur

This one session event is a pre-view of a 10 week course that will be offered by Indigo U3A in Term 1, 2020. The tutor, Judi Moncur, will give participants a more rounded idea of the content of the 2020 course by introducing some of the topics, (eg: memory, perception and psychological research) which will be covered in the full length course.

Indigo U3A Inc - 2019 Courses

Introduction to Botanical Art

TO BE CONFIRMED SUBJECT TO ENROLMENT NUMBERS

Type: Short Course

Dates: 05/11/2019 - 06/11/2019

Frequency: Consecutive days (2 or more), Tue 10:00 - 16:00

Location: May Day Hills Art Society down Kurrajong Way, May Day Hills Beechworth

Tutor: Christine Cansfield-Smith

A U3A sponsored course presented May Day Hills Art Society. During an intensive two days of workshops students will be guided through the basics needed to understand and enjoy the fascinating world of botanical art. They will learn how to observe light and to be aware of tone in drawings, to sketch and compose and to understand the methods for mixing watercolours. Students will also be given the opportunity to draw a live plant specimen in order to apply the techniques necessary to render a fine painting. The aim is to have the tools and techniques to continue with botanical art as a hobby.

Please enrol initially through U3A then contact Christine Cansfield-Smith directly with any enquiries and registration. Phone: 0412 126 219 Email: bibart@bigpond.com The course will be presented in the May Day Hills Art Society downstairs classroom, Kurrajong Way, May Day Hills, Beechworth. The cost is \$125 and payment is to be made directly to May Day Hills Art Society. The fee will cover all art materials although students are advised to bring their own personal equipment such as a notebook, painting rag, jars and such. A MINIMUM of 6 students is required in order for this course to run.

The Sixth Extinction

Type: Short Course

Dates: 31/10/2019 - 14/11/2019

Frequency: Weekly - same day of week, Thu 14:00 - 16:00

Location: Old Beechworth Railway Station Harper Ave

Tutor: Heather Meyer

Large numbers of plant and animal species are dying out at an accelerating rate across the globe; causing scientists to name this event the Sixth Extinction. What is an extinction event? What of the previous five? Why is this occurring now? Can human actions make a difference? What are the special circumstances and implications for Australia?

A series of three sessions: Session 1 – What's happening and why. What happened in previous extinctions. Session 2 – Why extinctions matter. What can/is being done small and large scale. Session 3 – The special case of Australia's flora, fauna and environment.

Two French Artists

Type: 1 day

Dates: 28/10/2019 - 28/10/2019

Frequency: A single presentation, Mon 14:00 - 16:00

Location: Old Beechworth Railway Station Harper Ave

Tutor: Ellen Evans and David Geryga

Paris was the centre of modern art for more than 50 years. One of our artists began his career there. The other really only passed through. Who are they? What did they do? When did they do it? Did they have any influence on each other? Or anyone else for that matter? Come and explore French modern art and two artists of the era.

Indigo U3A Inc - 2019 Courses

Architectural styles in Australia

Type: 1 day

Dates: 14/10/2019 - 14/10/2019

Frequency: A single presentation, Mon 14:00 - 16:00

Location: Old Beechworth Railway Station Harper Ave

Tutor: Ellen Evans and David Geryga

There are many architectural styles in Australia. Most are imported from all over the world. And many can be seen throughout what was the British Empire. But we also have our own home grown styles. This session will explore the different architectural styles we see here in Australia and in particular locally. It will note the source of the style, from Georgian to the present, and describe the various architectural elements that make up each style.

Games Group

Type: 1 term

Dates: 29/04/2019 - 02/12/2019

Frequency: Fortnightly - same day of week, Mon 14:00 - 16:00

Location: Old Beechworth Railway Station Harper Ave

Tutor: Harvey Anderssen

Fortnightly sessions for the members to come along to play a variety of games in a friendly social environment. The games played at each session is decided by those present each fortnight and the equipment needed will be provided by those involved. New to Semester 2 is Mahjong for beginners.

Coffee Mornings

Type: Ongoing

Dates: 15/02/2019 - 06/12/2019

Frequency: Monthly -same day of month, Fri 10:30 - 12:00

Location: To be announced

Tutor: None

An informal get together in a local cafe for all members. We may venture out of town to Yackandandah, Chiltern or Stanley in 2019 if we get regular numbers who are happy to car pool or even drive to a different destination from time to time. The weekly "What's On" will remind members of the date, in the week prior to each Coffee Morning. Dates and locations for the rest of 2019: Friday 25 October Billson's, Friday 22 November Beechworth Pantry, Friday 20 December Rustique Soul

Friday Poets

Type: Ongoing

Dates: 01/03/2019 - 22/11/2019

Frequency: Monthly -same day of month, Fri 13:00 - 15:00

Location: Address advised post enrolment

Tutor: Maureen O'Flaherty

A monthly get together for Poetry lovers to gather and read, discuss, debate and enjoy the world of Poetry and the joy and enrichment it brings to people's lives. As the group is convening in private homes. Venue will vary depending on number of attendees each month. The group will meet every 1st Friday. However, the meeting times may vary by arrangement within the group.

Indigo U3A Inc - 2019 Courses

Tech Savvy Seniors

Dates: 03/01/2019 - 19/12/2019

Frequency: Weekly - same day of week, Thu 14:00 - 16:00

Location: Old Beechworth Railway Station Harper Ave

Type: Ongoing

Tutor: Garth Blackman

Tech Savvy Seniors with Garth Blackman continues on Thursday afternoons from 2 to 4pm. If you have any issues with your devices bring them along and Garth will help you to resolve them. This class can meet every Thursday except when advised otherwise. However, appointments are necessary otherwise the Tutor may not be in attendance.

Appointments must be made at least 24 hours in advance by phone to 0405 219 876 or 72 hours in advance by email to garth.blackman.indigo.u3a@gmail.com If you do not receive an email acknowledgement it is possible that no appointment has been established and, then, a phone call to 0405 219 876 is highly recommended.

4th Thursday Walk

Dates: 28/03/2019 - 28/11/2019

Frequency: Monthly -same day of month, Thu 9:30 - 11:30

Location: To be announced

Type: Ongoing

Tutor: Gerri Boland

These popular and convivial walks cover different terrain, distance and degree of difficulty each month, but are always easy-to-moderate. Often dog friendly. Individual walks are notified directly to enrollees and through What's On, with meeting places and times determined closer to the actual time of the walk. (Usually 09.30am at Quercus.) Morning tea is taken along the route or shared at the end of the walk. Walks may be cancelled or rescheduled if the weather is too hot, or too wet.

A certain degree of personal fitness is required by participants must gauge their own ability to enjoy each individual walk on its merits and challenges.

Men's Book Group

Dates: 21/02/2019 - 19/12/2019

Frequency: Monthly -same day of month, Thu 14:00 - 16:00

Location: Address advised post enrolment

Type: Ongoing

Tutor: Michael O'Flaherty

The Men's Book Group is held on the 3rd Thursday of each month at alternating venues (usually private homes) and is rolling over into its second year in 2019. This has proved a popular course and enrolments are essential. Contact Michael O'Flaherty via courses.indigo.u3a@gmail.com to leave a message for more details.

Indigo U3A Inc - 2019 Courses

Bike Riding Group

Dates: 21/02/2019 - 05/12/2019

Location: To be announced

Type: Ongoing

Frequency: Same day in Wk1 & Wk3 monthly, Thu 9:30 - 11:30

Tutor: Harvey Anderssen

A chance for members to cycle at their own level with the support of a group. Do not let your ability or that you haven't ridden for a while stop you. Rides will start from the Old Beechworth Railway Station but there may be scope to include rides away from Beechworth if the participants can transport their bikes. If the weather is very hot, cold or wet a proposed ride may be cancelled. Note the October Rides will be on the 1st and 3rd Thursdays

Group members will be required to sign a Disclaimer relating to potential injury and also must take personal responsibility for confirming with their Medical Practitioner that the Bike Group is not a contra-indication to their health and well-being.

Conversations

Dates: 20/02/2019 - 04/12/2019

Location: Old Beechworth Railway Station Harper Ave

Type: Ongoing

Frequency: From time to time as advised, Wed 10:30 - 12:30

Tutor: Michael Evans

Michael applies insights from philosophy ancient and modern, to topics chosen by participants and prepares and presents remarks on the historical, ethical and personal aspects of the chosen topic. Participants have the opportunity to make their own comments. The aim is to inquire into the topics, not to present settled conclusions or to reach consensus. Disagreement is welcomed as long as it is courteous. Conversations is finished for 2019 and will begin again in 2020.

Tastes

Dates: 13/02/2019 - 13/11/2019

Times vary between 10:00 - 16:00 depending on the activity.

Location: To be announced

Type: Ongoing

Frequency: Monthly - same day of month, Wed

Tutor: None

The TASTES monthly gatherings vary in nature, including visits to private homes where members bring a dish or a bottle of wine to share; trips to cafes or restaurants; and talks, demonstrations and tastings at food-related businesses. Some outings will be for morning or afternoon tea and some for lunch whilst occasionally we may work up an event around a theme e.g. the Mad Hatters Tea Party held in 2018. Each month a different member of the group will take responsibility for coordinating that month's outing or event.

Numbers for restaurant visits will be limited by the capacity of the venue to cater for our large group. Car-pooling is anticipated for Tastes outings.

Indigo U3A Inc - 2019 Courses

International Relations 2019

Type: Ongoing

Dates: 12/02/2019 - 03/12/2019

Frequency: Fortnightly - same day of week, Tue 13:00 - 15:00

Location: Old Beechworth Railway Station Harper Ave

Tutor: Gerry Engwerda

These sessions are background briefings to current international issues with each fortnightly session commencing with a review of the latest news. Topics to be covered throughout the year can be tailored to suit the wishes and interests of the group where possible. Informal and chatty, with lots of class input and participants encouraged to contribute and comment. The Powerpoint presentation from each session will be made available to class members via the Indigo U3A website.

First presentation for 2019 will be - The conspiracy theorists Other topics this year but NOT in order are: Australia in the 19th Century Korea - the start of the American Century NATO and the future Brexit revisited. The Black Death The Pacific - history, exploration and strategic importance The Rise of Civilisations Is democracy on the way out? History of Air Travel The North Sea The great divide - The discovery of the Americas by Europe Borders and boundaries in International relations China vs. the US The Mongol Empire and its legacy Trump, the Republicans and foreign policy South China Sea - an update Robert Kaplan The Venezuela crisis repeats - Geopolitics, The Politics of water. North Korea, Turkey.