



NEWSLETTER

Volume 2, Issue 4

December 2019

A few words from our president...



It's a wrap! The 2019 official program is completed ...

....AND we can celebrate reaching a membership of 100

people!! A good way to end the year.

I hope you have all enjoyed this year's program. Next year is shaping up to be just as busy and just as enjoyable.

On behalf of the membership I would like to extend my thanks to all the people whose hard work behind the scenes contributes to the success of our U3A.

The Committee of Management, the Program Planning Group, the Tutors and Presenters, and the Group Leaders all work extremely hard to make our programs a success. Without their efforts there would be no Indigo U3A.

Finally, I will take this opportunity to wish all of our members and their families and friends a safe and celebratory Christmas and an excellent New Year.

I look forward to seeing you all in 2020!

Rosemary Ryan
President

president.indigo.u3a@gmail.com

Enrolment Day 2020...

Tuesday 21 January 2020
from 10am-1pm

As is the tradition on Enrolment Day, many of our tutors and group leaders will be there to tell you about their 2020 courses.

It's an opportunity for you find out more information for the year ahead, so do come along and listen to our plans for the new year and take the opportunity to enrol.

And as the new subscription year begins in January, our Treasurer Richard Maskiell will be there to take your money.

Getting Active!!



The "Indigo U3A Gets Active!" program begins on 13 February. Soon we will be calling for volunteers to participate in this 12-week

program, designed to help us get fit and stay active.

Courtesy of a grant from Indigo Shire Council we will have 12 Fitbits available, so you will be able to track your progress and measure your results. Being part of a group you will benefit from supporting and motivating each other.

Gabriella Tange (pictured), Health Promotions Officer, Beechworth Health Services, will present three sessions:

- an introduction on 13 February with advice and tips to get everyone started;
- a 'check your progress' session at the midway point on 26 March,
- a wrap up session on 7 May.

Shortly we will send out a survey asking you to suggest the type of activity you would like to see included in the program.

This program is for all fitness levels, and it will be a lot of fun!



INSIDE THIS ISSUE

A few words from our president...	1
Getting Active	1
Enrolment Day	1
Summer School Program.....	2
Phil Bunn's Corner.....	2
U3A Website/Indigo U3A.....	2

Summer School 2020...

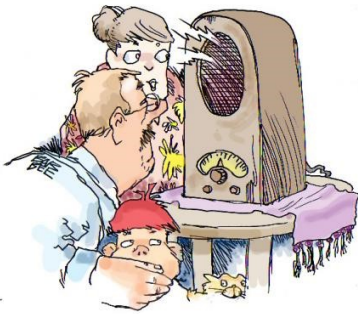
Book ahead for some fun in the summer days.

Enrolments open on 18 December.

ENROLMENTS ARE ESSENTIAL.... especially for catered events! Please book early on our Indigo U3A website at www.indigou3a.net.

WEEK 1—U3A ON THE RADIO Wednesday 8 January at 11am

AN EVENT TO LISTEN TO! (no need to book). U3A on the Radio. Gail Warren-Smith and Rhonda Kirkland will be talking with Frank Burfitt, ex CEO of North East Water. **Tune in to Indigo FM 88.**



WEEK 2—INDIGO U3A CAR RALLY Wednesday 15 January from 10am to 2pm

For a fun filled day join the annual Indigo U3A Car Rally. Stay as long as you like at our secret destination, and make your own leisurely way home.

Bring a pen to fill out the clues, your picnic, swimming togs, a chair, hat and sunscreen.

Start: Railway Station at 10am.

Co-ordinator: Jann Stewart—
tel: 0416 634 844



WEEK 3—MAYDAY HILLS EVENT Wednesday 22 January from 10am to 12pm

Mayday Hills "Tree Walk and Talk" with Harvey Anderssen, followed by a delicious Devonshire tea at **Mayday Hills Art Society** with a guided tour of the studio and exhibition, hosted by Wendy Stephens.

Morning tea: **\$10.00 pp**, payable in cash only on the day.

Meet up at the George Kerferd Hotel at 10am.

Co-ordinator: Gail Warren-Smith—
tel: 0448 883 194



WEEK 4—PERFORMANCE Tuesday 28 January from 2pm to 4pm

An Afternoon's Performance & Recital at the Old Beechworth Railway Station. A rewarding afternoon of entertainment performed for your enjoyment by some of our members and friends.
Co-ordinator: Maureen O'Flaherty—
tel: 0419 326 769

Committee of Management

President: Rosemary Ryan
Vice-President: Michael Bydder
Secretary: Frances Baker
Treasurer: Richard Maskiell
Member representatives: Harvey Anderssen, Michael Evans, Jan Milhinch and Maureen O'Flaherty.

Program Planning Group

Group Members: Maureen O'Flaherty, Gail Warren-Smith, Frances Baker, Brenda Nicholson, Margaret Anderson, Carolyn Barratt, Karin Blaurock, Stephen Masters and Heather and John Meyer.

Publications

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Phil Bunn's Corner....



From "The Corner"
Wishing Everyone a Contented
and Peaceful Christmas

FROM THE BOTTOM OF MY HEART

U3A has a motive ulterior
To impart knowledge that's
superior
But I must declare
A brand new chair
Gave benefit to my
posterior